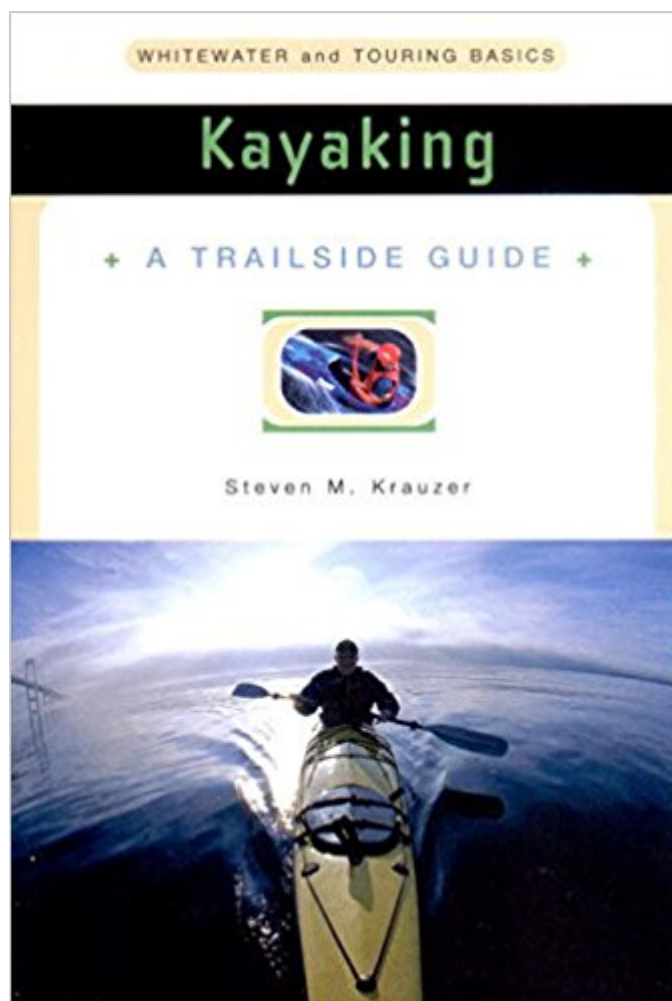


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# Kayaking: Whitewater And Touring Basics (A Trailside Guide)



## Synopsis

Smart, instructive, and beautifully designed, every book in the Trailside Guide series contains the essential information readers need to master outdoor activities and have fun in the process. Norton proudly reissues these best-selling guides with fully revised "Sources & Resources" sections (including where to find the Web sites, gear, services, books, clubs, and organizations that make for foolproof outings); updates to reflect the latest in gear technology, wilderness medicine, and first aid; and advances in techniques. You can take it with you: Trailside Guides are designed to be used on the trail. Their handy size makes them easy to take along on outdoor adventures. Picture this: Trailside Guides show you how it's done. Each book has more than 100 color photographs and dozens of informative, full-color technical illustrations you'll refer to again and again. Buying Guide: Each Guide has all the information readers need to make informed decisions about what gear is available, and what they should buy. Step-by-step: Tutorials take readers through every aspect of a given outdoor activity. Each Guide covers planning and preparing for a trip, getting in shape, technique, safety, and first-aid tips, and how to have more fun along the way! Easy to use: Trailside Guides provide information quickly. Every book contains detailed illustrations, information-packed sidebars, and a complete index and bibliography. Technique tips: Any physical activity is more fun when it's done right. Trailside Guides are written by experts and contain lucid explanations that help the reader quickly achieve proficiency. It's a big world out there. Get into it with the Trailside Guides. Color photographs and drawings throughout

## Book Information

Flexibound: 194 pages

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## Customer Reviews

Colorfully illustrated with good how-to directions and art, the books--which have durable plastic covers and water-resistant pages--cut to the chase of a given activity. The fly-fishing manual, for instance, is one of the best guides to be written in years, as is "Kayaking" and "Snowshoeing". -- New Star-Ledger, 6 December 1998

kept me from drowning, so I guess it worked.

i need it to change , This bread product is by far the best bread product I have ever owned! As a former Chef, kitchen tools are very important to me. I have an extensive collection of products and am always looking for the best tools. This is not only an excellent bread product, at a good price but a beautiful design and feels great in my hand. It is sharp and effective. I am so happy with it I bought two and have put it on my gift giving list for years to come. If you enjoy great kitchen tools this product should not be missed! so fast, receive it next day . I will recommend it to my friend. very patient and helpful.

I found the book to be easy reading and a good guide for the totally uninformed and unexperienced. It's a little more interested than a "how to" guide, although that's what it is. Those w/ experience should pass it by. What I really liked was the plastic cover and the semi-waterproof pages -- the way a watersport "how-to" guide should be crafted. Short but informative.

Hubby loved the book as a birthday gift- Informative and nice photos. Good for the price and highly recommend to other kayakers.

A great book for the basics of all types of kayaking. Up-to-date, great illustrations, clear and well-written. The Trailside Series are the best for any outdoor activities.

I am overwhelmed! Not only the book explores every key aspect of kayaking to would-be kayakers, it also looks great! A real must.

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